Representative [Insert Representative’s Full Name]

[Insert Representative’s Washington, DC Address]

Washington, DC 20515

[Insert Date]

**Re: Please Cosponsor PCOS Resolution H.Res.495**

Dear Representative [Insert Representative’s Last Name]:

I am writing to ask you to cosponsor H.Res.495, which recognizes the seriousness of polycystic ovary syndrome (PCOS) and expresses support for the designation of the month of September as “PCOS Awareness Month.” This bipartisan resolution will raise critical awareness about PCOS, the most common endocrine (hormone) disorder in women. It will help tens of thousands of women and girls affected by PCOS in our district and the 5 to 10 million others affected by the disorder across the country. H.Res.495 also calls for increased research and encourages healthcare professionals to become more knowledgeable about the disorder and to help women and girls get the care they need.

This resolution is important to me because **[SHARE YOUR EXPERIENCE, THE EXPERIENCE OF SOMEONE CLOSE TO YOU OR YOUR PATIENTS]**.

Please cosponsor this important resolution to help improve care and to save the lives of women and girls in our district and across the country affected by PCOS. Thank you for your consideration and support!

Sincerely,

[Your Name]

[Your Street Address]

[City], [State] [Zip Code]